

THE CARING COMMUNITY

November 2008- MENU

Monday	Tuesday	Wednesday	Thursday	Friday	Friday Frozen Meals
3 Orange Juice Pot Roast Mashed Potatoes Peppers & Onions Diced Pears	4 Apple Juice Tuna Fish Salad Tossed Salad Mexicali Corn Fresh Banana	5 Orange Pineapple Juice Oven Baked Chicken Pasta California Mixed Vegetables Diced Peaches	6 Orange Juice Baked Pork Chop Yellow Rice Braised Cabbage Apple	7 Orange Pineapple Juice Italian Pork Sausage with Tomato Sauce Penne Pasta Steamed Broccoli Chocolate Chip Cookies	8 Orange Juice Roast Chicken Sweet Potatoes Steamed Cauliflower Chocolate Pudding
10 Orange Pineapple Juice Beef with Ginger and Scallions Tossed Salad Baked Plantain Apple	11 Apple Juice BBQ Hoisin Chicken Cauliflower Carrots Fresh Banana	12 Cranberry Juice Fried Fish Fillet Spaghetti Sautéed Collard Green Orange	13 Orange Juice Cuban Baked Chicken Kernel Corn Steamed Broccoli Applesauce	14 Apple Juice Pepper Steak Mashed Potatoes Sautéed Spinach Chocolate Pudding	15 Orange Juice Roast Chicken Baked Potatoes Brussels Sprout Oatmeal Cookies
17 Orange Pineapple Juice Beef Lasagna Tossed Salad Kale with Onions Orange	18 Orange Juice Fried Chicken Fillet Baked Potato Bok Choy Apple	19 <u>Thanksgiving Luncheon</u> Turkey & Gravy Stuffing Corn Cranberry Sweet Potato Pumpkin Pie	20 Orange Pineapple Juice Stuffed Pepper Tossed Salad Steamed Zucchini Banana	21 Apple Juice BBQ Chicken Brown Rice Steamed Green Beans Mandarin Oranges	22 Orange Juice Chicken with Mushroom Sauce Yellow Rice Cauliflower Fresh Apple
24 Orange Juice Stuffed Shell with Tomato Sauce Tossed Salad Steamed Carrot Fresh Apple	25 <u>Happy Birthday November</u> Orange Pineapple Beef Stew Yellow Rice Steamed Broccoli Cake & Ice Cream	26 Apple Juice Cuban Roast Chicken Baked Potato Stewed Tomatoes Fresh Banana	27 Happy Thanksgiving Lunch will be served at Our Lady of Pompei 25 Carmine Street Doors Open 12:00 PM	28 Happy Thanksgiving Center Closed	29 <u>Frozen Meal will be served on Wednesday November 26</u> Steak Mashed Potatoes Red Cabbage Oranges

THE CARING COMMUNITY
November 2008- MENU

--	--	--	--	--	--

***All Menu Items are subject to change**